

TIMETABLE

Derby Campus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Social Badminton 12.30pm-1.30pm Sports Centre Sports Hall £2	Move More Couch to 5k 7.30am-8.30am Outdoor run-meet at the Sports Centre reception £2	Social Basketball 10am-12pm Sports Hall Sports Centre £2	Move More Couch to 5k 12pm-1pm Sports Centre Sports Hall £2	Social Football 12pm-1.30pm Sports Centre Sports Hall £2
Social Netball 12.30pm-1.30pm Sports Centre Sports Hall £2	Social Football 12pm-1pm Sports Centre Sports Hall £2	Move More Walk 12pm-12.30pm Meet at the Sports centre reception FREE	Social Badminton 1pm-2pm Sports Centre Sports Hall £2	Social American Football 7pm-8pm Lower 3g pitch £2
Social Badminton 4pm-5pm Sports Centre Sports Hall £2	Social Table Tennis 5pm-6pm Kirtley Hall FREE	Move More Boxercise 2.30pm-3.15pm Sports Centre Studio £2	Multi-sports 5pm-6.30pm Sports Centre Sports Hall £2	
Move More Boxercise 4.45pm-5.30pm Sports Centre Studio £2				

 Social Sport

 Move More

Equipment

Equipment is provided - but feel free to bring your own if you want

How to book

We prefer you to pre-book the sessions as all sessions are on a 1st come 1st served basis (though you can turn up and book at the time of the session if there are spaces available). Everyone must sign-in at the Sports Centre reception on arrival for sessions on campus.

Cost

To access any sessions on the timetable you can pay as you go or have a Social Sport membership:

Student = £30 | Staff = £40

Anyone who has the Full Sport Centre membership has access to all the sessions

To Book a session

Call: 01332 591790

E-mail: sportscentre@derby.ac.uk